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Week 2: Counting Bonds

8. One way they still show up in my daily life is...

[Write entry here]

9. A ritual I've started (or want to start) to honor them...

[Write entry here]

10. If they could send me a sign today, I'd hope it would be...

[Write entry here]

11. A song, scent, or food that instantly brings them back...

[Write entry here]

12. Something I do now that I learned from them...

[Write entry here]

13. If I could spend one more hour with them, we'd...

[Write entry here]

14. A dream I've had about them was...

[Write entry here]



Love Lives On

You found them in songs, rituals, and dreams. They're not gone they're woven into you. This week was connection. Carry it gently.